

2023 Live Healthy Iowa 5K Results - Decorah

Place	First Name	Last Name	City	Age Group	Time
1	Isaac	Reisinger	Waterville	Male 18 & Under	20:57:00
2	Keaton	Vobr	Decorah	Male 18 & Under	21:40:00
3	Lisa	Zittergruen	Decorah	Female 40 - 49	22:26:00
4	Pat	Reisinger	Waterville	Male 40-49	23:48:00
5	Dave	Farmer	Postville	Male 60 & Up	24:10:00
6	Tracy	Robertson	Independence	Male 60 & Up	24:19:00
7	Thomas	Loch	Decorah	Male 60 & Up	24:51:00
8	Adam	Weber	Decorah	Male 30 - 39	25:10:00
9	Lyndsay	Irvine	Lawler	Female 30 - 39	25:43:00
10	Jonas	Fox	Floyd	Male 18 & Under	25:51:00
11	Zach	Fox	Floyd	Male 30 - 39	25:51:00
12	Stacy	Miner	Postville	Female 30 - 39	26:01:00
13	Cory	Miner	Postville	Male 30 - 39	26:13:00
14	Caitlin	Schmitt	Waterloo	Female 30 - 39	26:42:00
15	Tylen	Burrow	West Union	Male 19 - 29	26:46:00
16	Sue	Busta	Calmar	Female 50 - 59	27:38:00
17	Arianna	Rausch	West Union	Female 19 - 29	28:28:00
18	Kelsey	Huinker	New Hampton	Female 19 - 29	28:29:00
19	Al	Schmitt	Fort Atkinson	Male 50 - 59	29:25:00
20	Emily	Wrightsman	Decorah	Female 40 - 49	29:50:00
21	Chris	Hall	Decorah	Female 60 & Up	31:31:00
22	Karen	Goebel	Manchester	Female 50 - 59	31:42:00
23	Austin	Barlow	Madison	Male 30 - 39	35:28:00
24	Kelsie	Barlow	Madison	Female 30 - 39	35:28:00
25	Jed	Becker	Cresco	Male 60 & Up	37:19:00
26	Jeremy	Stenseth	Calmar	Male 30 - 39	38:14:00
27	Ben	Stenseth	Calmar	Male 30 - 39	38:15:00
28	Kenneth	Shatek	Cresco	Male 60 & Up	38:36:00
29	Rachael	Tieskoetter	Ossian	Female 30 - 39	44:28:00
30	Shelly	Johannsen	Decorah	Female 50 - 59	44:29:00
31	Stephanie	Folkedahl	Decorah	Female 50 - 59	44:32:00
32	Gina	Holthaus	Decorah	Female 50 - 59	44:33:00
33	Vivi	Telepnev	Newton	Female 30 - 39	44:34:00
34	Troy	Telepnev	Newton	Male 50 - 59	50:09:00
35	Michele	Kulow	Stacyville	Female 50 - 59	55:36:00
36	Amy	Bly	Riceville	Female 40 - 49	56:18:00
37	Missi	Selden	Osage	Female 40 - 49	56:19:00