

2023 Live Healthy Iowa 5K Results - Sioux City

Bib	First Name	Last Name	Race	Time
305	Caleb	Huff	5K Individual	18:58.6
319	Alfredo	Plaza	5K Individual	19:51.1
335	Jess	Gengler	5K Individual	22:19.5
337	Luis	Perez	5K Individual	23:19.7
303	Abbi	Boutwell	5K Individual	25:10.6
336	Maurisio	Hernandez	5K Individual	26:28.8
328	Adam	Wagner	5K Individual	26:51.9
333	Joshua	Alfredson	5K Individual	26:54.6
332	Ana	Guerrero	5K Individual	29:58.0
338	Antonia	Calamanco	5K Individual	30:07.6
322	Jennifer	Gomez	5K Individual	30:18.4
302	Jenni	Durant	5K Individual	31:51.2
301	Marcia	Watson	5K Individual	33:35.2
308	Jeremy	DeVries	5K Individual	34:30.4
317	Lin	Heeren	5K Individual	39:06.4
318	Donna	Williams	5K Individual	42:40.8
313	Kayla	Randall	5K Individual	44:13.2
314	Salvatore	Abramo	5K Individual	44:13.6
307	Haley	DeVries	5K Individual	45:07.3
321	Rachel	Derochie	5K Individual	49:50.7
312	Jenny	Joaquin	5K Individual	49:54.0
327	Anjuli	Wagner	5K Individual	49:54.3
331	Barb	Rensberger	5K Individual	55:32.6
304	Maureen	Nelson	5K Individual	1:01:30.7
306	Revae	Nelson	5K Individual	1:01:31.7
325	Loretta	Risdal	5K Individual	1:13:09.3
326	Rachel	Jones	5K Individual	1:13:11.0

Bib	First Name	Last Name	Race	Time
329	Brooks	Wagner	Kids 1K	07:33.16
339	Isabel	Wigton	Kids 1K	08:19.65
315	Skylar	Billingsley	Kids 1K	09:13.86
316	Silas	Billingsley	Kids 1K	09:14.16
311	Mac	Rodman	Kids 1K	09:17.12