

## 2017 Live Healthy Iowa 5K - Onawa

5K Division	First Name	Last Name	City	Time
5K   30 - 39   Female	Jill	Krueger	Sloan	22:45
5K   30 - 39   Female	Erin	Hodgson	Blencoe	26:44:00
5K   30 - 39   Female	Christine	Halverson	Onawa	26:54:00
5K   50 - 59   Female	Roberta	Malloy	Decatur	27:11:00
5K   50 - 59   Female	Beth	Adams	Indianola	28:10:00
5K   30 - 39   Female	Brooke	Kreger	Onawa	29:06:00
5K   50 - 59   Female	Sherry	Smiley	Cumming	29:29:00
5K   30 - 39   Female	Melissa	Young	Blencoe	30:01:00
5K   20 - 29   Female	Jaleesa	Nelson	Blencoe	32:20:00
5K   30 - 39   Female	Kim	Sulsberger	Hornick	32:49:00
5K   30 - 39   Female	Susie	Horton	Onawa	34:33:00
5K   16 - 19   Female	Ciera	Gossage	Onawa	34:34:00
5K   50 - 59   Female	Ann	Phillips	Onawa	35:26:00
5K   50 - 59   Female	Diane	Foss	Onawa	37:11:00
5K   40 - 49   Female	Gerri	Ben	Sioux City	37:23:00
5K   20 - 29   Female	Rebecca	Rens	Onawa	38:15:00
5K   20 - 29   Female	Hannah	Utman	Modale	38:25:00
5K   50 - 59   Female	shelly	sturgill	Onawa	44:53:00
5K   40 - 49   Female	Cathy	Timm	Ute	46:19:00
5K   30 - 39   Female	Ashton	Pruett	Onawa	47:32:00
5K   30 - 39   Female	Amber	Griffith	Onawa	47:33:00
5K   50 - 59   Female	Mary	Black	Onawa	49:43:00
5K   60 & Over   Female	Kathy	Westergaard	Mapleton	49:44:00
5K   60 & Over   Female	Denise	Phipps	Blencoe	49:45:00
5K   50 - 59   Female	Maredith	Hodgson	Blencoe	50:03:00
5K   40 - 49   Female	Jen	Ruth	Onawa	50:04:00
5K   20 - 29   Female	Tasha	Lewis	Onawa	50:05:00
5K   30 - 39   Female	Cherlynn	Mawby	Onawa	52:37:00
5K   30 - 39   Female	Erin	Richardson	Onawa	52:38:00
5K   13 - 15   Female	Annissa	Johnston	Turin	52:42:00
5K   40 - 49   Female	Rhonda	Johnston	Turin	52:43:00
5K   60 & Over   Female	Karen	Clayton	Turin	52:45:00
5K   40 - 49   Female	Beth	Jamison	Onawa	54:20:00
5K   40 - 49   Male	Mitch	Jamison	Onawa	54:22:00
5K   30 - 39   Female	Kristin	Schmidt	Ute	54:54:00
5K   60 & Over   Female	Danelle	Riley	Onawa	54:55:00
5K   60 & Over   Male	Lynne	Smith	Onawa	56:27:00
5K   30 - 39   Female	Hillary	Stevenson	Missouri Valley	59:20:00
5K   60 & Over   Female	Ruth	Utman	Modale	60:00:00
5K   20 - 29   Female	Elizabeth	Pickell	Onawa	61:01:00
5K   60 & Over   Female	Lynne	Deen	Whiting	68:01:00
5K   50 - 59   Male	Scott	Lynn	Whiting	68:02:00

## 2017 Live Healthy Iowa 5K - Onawa

1K Division	First Name	Last Name	City
1K   12 & Under   Coed	Colton	Griffith	Onawa
1K   12 & Under   Coed	Hannah	Griffith	Onawa
1K   12 & Under   Coed	Kenton	Groth	Onawa
1K   12 & Under   Coed	Nancy	Groth	Onawa
1K   12 & Under   Coed	Peggy	Hinrickson	Smithland
1K   12 & Under   Coed	Javen	Hyde	Onawa
1K   12 & Under   Coed	Kyler	Hyde	Onawa
1K   12 & Under   Coed	Jack	Jamison	Onawa
1K   12 & Under   Coed	Emmett	Krueger	Sloan
1K   12 & Under   Coed	Hannah	Krueger	Sloan