

2018 Live Healthy Iowa 5K - Decorah

Saturday, April 14, 2018

5K Divisions	First Name	Last Name	City	Results
5K 13 - 15 Female	Kerigan	Alexander	Clermont	34.45
5K 40 - 49 Female	Kim	Alexander	Clermont	38.28
5K 30 - 39 Female	Julie	Archer	Decorah	35.19
5K 20 - 29 Female	Stephanie	Ball	Overland Park	27.06
5K 20 - 29 Male	Zachary	Ball	Overland Park	21.32
5K 20 - 29 Female	Heidi Jo	Buxengard	Spring Grove	31.05
5K 20 - 29 Female	Katie	Casterton	Decorah	38.3
5K 30 - 39 Male	Justin	Casterton	Decorah	24.52
5K 20 - 29 Female	Morgan	Deering	Postville	27
5K 20 - 29 Male	Abdeel	Hernandez	Postville	23.55
5K 20 - 29 Female	Erin	Hutchins	Decorah	29.43
5K 20 - 29 Female	Kim	Kleve	Postville	33.11
5K 60 & Over Female	Linda	Kofoot	Fort Atkinson	33.3
5K 20 - 29 Male	James	Ostile	Decorah	20.18
5K 20 - 29 Female	Regina	Panuska	Maynard	26.04
5K 60 & Over Female	Dianne	Schultz	Postville	36.22
5K 30 - 39 Female	Ashley	Sires	Parkersburg	27.46
5K 20 - 29 Female	Kayla	smith	dorchester	31.05
5K 20 - 29 Male	Corey	Smock	Decorah	29.43
5K 20 - 29 Female	Melissa	Vega	Postville	23.54
5K 40 - 49 Female	Kathy	Wander	CLERMONT	33.22
5K 40 - 49 Female	Staci	Wicks	Cresco	24.48
5K 50 - 59 Male	Rich	Wicks	Cresco	25.41
5K 30 - 39 Female	Lisa	Zittergruen	DECORAH	21.32
5K 60 & Over Male	Dave	Farmer	Postville	23.34
5K 50-59 Male	Jim	Stenseth	Calmar	24.08
5K 20-29 Male	Matt	Stenseth	Newton	35.19
5K 20-29 Male	Jeremy	Stenseth	Calmar	30.34
5K 20-29 Male	Ben	Stenseth	Calmar	30.47