

2018 Live Healthy Iowa 5K - Sergeant Bluff

Saturday, April 28, 2018

5K Divisions	First Name	Last Name	City	Time
5K 20 - 29 Male	Cody	Bardell	Sioux City	19:28
5K 20 - 29 Female	Rheanne	Haws	Sioux City	21:54
5K 30 - 39 Female	Lindsey	Buchheit	Sergeant Bluff	22:25
5K 40 - 49 Male	David	Buchheit	Sergeant Bluff	22:52
5K 30 - 39 Female	Abbi	Boutwell	Sioux City	24:19
5K 20 - 29 Male	Dan	Cunningham	Sioux City	26:17
5K 30 - 39 Male	Luke	Demarest	Moville	26:59
5K 20 - 29 Male	Colin	Ryan	Sioux City	27:38
5K 30 - 39 Female	Jessica	Barnes	Sioux City	28:16
5K 20 - 29 Female	Chandra	Derocher	Akron	28:38
5K 40 - 49 Male	Terry	Gardner	Sioux City	29:13
5K 30 - 39 Female	Heidi	Meis	Jefferson	29:59
5K 30 - 39 Female	Desirae	Willms	Akron	30:27
5K 12 & Under Male	Kellen	Kvidera	Sergeant Bluff	38:44
5K 30 - 39 Female	Gina	Kvidera	Sergeant Bluff	40:41
5K 30 - 39 Female	Stephanie	Parker	Sioux City	40:41
5K 30 - 39 Female	Jill	Krueger	Sloan	42:02
5K 40 - 49 Female	Rochelle	Clark	Sioux City	42:04
5K 40 - 49 Female	Melany	Roling	Remsen	43:21
5K 40 - 49 Male	Todd	Raasch	Sioux City	43:22
5K 12 & Under Female	Madison	Kvidera	Sergeant Bluff	44:49
5K 20 - 29 Female	haley	meier	Sergeant bluff	48:44
5K 30 - 39 Female	Chelsea	Brown	Sioux City	50:08
5K 40 - 49 Female	Tracy	Castle	Smithland	50:08
5K 16 - 19 Male	Justin	Mobley	Sioux City	50:36
5K 40 - 49 Female	Cassandra K	Joseph	South Sioux City	54:01
5K 30 - 39 Female	Heather	Lander	Sergeant Bluff	54:02
5K 30 - 39 Female	Christy	Martin	Sioux City	56:14
5K 30 - 39 Female	Brinne	Bogue	Sioux City	56:26
5K 60 & Over Female	denise	lingscheit	Sioux City	56:26
5K 40 - 49 Female	Shannon	Christensen	Sioux City	1:04:31
5K 50 - 59 Female	Dawn	Maslonka	Homer	1:04:31
5K 30 - 39 Female	Jennifer	Rosenbaum	Jefferson	1:04:32
5K 30 - 39 Female	Dianna	Hollinrake	Sioux City	1:06:02
5K 30 - 39 Female	Valerie	White	Sloan	1:06:03
5K 12 & Under Male	Drew	Castle	Smithland	1:07:54
5K 40 - 49 Female	Jenni	Durant	South Sioux City	1:29:46
1K Division	First Name	Last Name	City	
1K 12 & Under Coed	Parker	Buchheit	Sergeant Bluff	
1K 12 & Under Coed	Mya	Kleve	Sergeant Bluff	
1K 12 & Under Coed	Carter	Kleve	Sergeant Bluff	
1K 12 & Under Coed	Hannah	Krueger	Sloan	
1K 12 & Under Coed	Emmett	Krueger	Sloan	