

2019 Live Healthy Iowa 5K - Sioux Center

Saturday April 13th, 2019

5K Divisions	First Name	Last Name	City	Time
5K 30 - 39 Male	Jason	Mulder	Sioux Center	22:38:00
5K 20 - 29 Female	Cara	Theune	Pella	25:05:00
5K 30 - 39 Female	Kelli	Van Roekel	Sioux Center	26:49:00
5K 20 - 29 Male	Dalton	Beimers	Hospers	26:54:00
5K 20 - 29 Female	Janie	Bonestroo	Sioux Center	28:31:00
5K 30 - 39 Female	Sarah	Hietbrink	Sioux Center	28:31:00
5K 30 - 39 Male	Michael	Finch	Sheldon	28:46:00
5K 20 - 29 Female	Nicole	Bruinsma	Rock Valley	29:21:00
5K 50 - 59 Male	Erv	Keizer	Sioux Center	29:45:00
5K 20 - 29 Male	Mark	Waterstone	Sanborn	29:57:00
5K 30 - 39 Female	Samantha	Waterstone	Sanborn	29:57:00
5K 13 - 15 Female	Kayla	O'Connor	Crofton	31:45:00
5K	Jackie	Griffen		32:31:00
5K 16 - 19 Female	Madison	Uhl	Sheldon	32:38:00
5K 40 - 49 Female	Wendy	Robinson	Sheldon	32:39:00
5K	Madison	Engels		32:45:00
5K 20 - 29 Male	Carl	Bruinsma	Rock Valley	33:04:00
5K 20 - 29 Female	Ashley	Van Engen	Sioux Center	33:35:00
5K 50 - 59 Male	Loren	Hooyer	Sioux Center	34:02:00
5K	Mark	Davelaar		34:12:00
5K 30 - 39 Female	Brandell	Endemano	Sioux Center	34:45:00
5K 30 - 39 Female	Amy	Weyer	Sioux Center	35:06:00
5K 30 - 39 Female	Lisa	Tintle	Sioux Center	36:02:00
5K 40 - 49 Female	Renee	Saarloos	Sioux Center	36:02:00
5K	Sarah	Hooyer		40:34:00
5K 16 - 19 Female	Jill	Nachtigal	Little Rock	40:44:00
5K 20 - 29 Female	Kathleen	Chicas	Hospers	40:44:00
5K 30 - 39 Female	Becca	Henningson	Hospers	43:51:00
5K 30 - 39 Female	Maggie	Schmidt	Sioux Center	45:24:00
5K 12 & Under Female	Emma	Younie	Haywarden	45:33:00
5K 60 & Over Female	Vicki	Younie	Haywarden	45:33:00
5K 20 - 29 Male	Devin	Holesinger	Sioux Center	45:35:00
5K 20 - 29 Female	Sarah	Holesinger	Sioux Center	45:37:00
5K 30 - 39 Female	Megan	Fopma	Sioux Center	45:37:00

1K Divisions	First Name	Last Name	City
1K 12 & Under Coed	Kamdyn	Bitker	Sioux Center
1K 12 & Under Coed	Avery	Bitker	Sioux Center
1K 12 & Under Coed	Nayibe	Diaz	Boyden
1K 12 & Under Coed	James	Diaz	Boyden
1K 12 & Under Coed	Reegan Lynn	Endemano	Sioux Center
1K 12 & Under Coed	Simon	Waterstone	Sanborn

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1K Divisions (continued)	First Name	Last Name	City
1K 12 & Under Coed	Caden	Westra	Hull
1K 12 & Under Coed	Ethan	Westra	Hull
1K 12 & Under Coed	Reid	Wielenga	Orange City
1K 12 & Under Coed	Kylee	Wielenga	Orange City