



April 13, 2019

ASBURY • BONDURANT • BRITT
CARROLL • DECORAH • DIKE • FAIRFIELD
HIAWATHA • IDA GROVE • MT. PLEASANT
ONAWA • PERRY • RATHBUN LAKE
SERGEANT BLUFF • SIOUX CENTER • SPENCER
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LiveHealthy **IOWA5K.org**



HIAWATHA

5K RUN/WALK • 8 AM 1K KID'S RUN • 9 AM

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