

5K

Live Healthy IOWA

September 19, 2020

DIKE

SPONSORED BY



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GREENFIELD • MUSCATINE • OTTUMWA • SERGEANT BLUFF • SIOUX CENTER • SPENCER

For site-specific information, visit [LiveHealthy IOWA5K.org](http://LiveHealthyIOWA5K.org)



5K RUN/WALK • 8 AM // 1K KID'S RUN • 9 AM

T-shirt • Race Number • Finisher Medal
Post-Race Refreshments • Prizes

REGISTER TODAY [LiveHealthy IOWA5K.org](http://LiveHealthyIOWA5K.org)

888.777.8881 • info@livehealthyiowa.org

