

5K

Live Healthy **IOWA**

September 19, 2020

MUSCATINE

SPONSORED BY



BRITT • CARROLL • CEDAR RAPIDS • CENTERVILLE • DECORAH • DIKE • FAIRFIELD • FORT DODGE
GREENFIELD • MUSCATINE • OTTUMWA • SERGEANT BLUFF • SIOUX CENTER • SPENCER

For site-specific information, visit *LiveHealthy* **IOWA5K.org**



5K RUN/WALK • 8 AM // 1K KID'S RUN • 9 AM

**T-shirt • Race Number • Finisher Medal
Post-Race Refreshments • Prizes**

REGISTER TODAY *LiveHealthy* **IOWA5K.org**

888.777.8881 • info@livehealthyiowa.org

