

## 2021 Live Healthy Iowa 5K - Bonudrant Results

Place	First Name	Last Name	Sub Event	Finishing Time
1	Benjamin	Black	5K   20 - 29   Male	0:18:45
2	Morgan	Morgan	5K   30 - 39   Male	0:21:52
3	Matt	Millard	5K   40 - 49   Male	0:22:40
4	Cory	Black	5K   30 - 39   Male	0:23:04
5	Mark	Davis	5K   50 - 59   Male	0:23:13
6	Casey	Showalter	5K   60 & Over   Male	0:23:28
7	Jase	Robinson	5K   13 - 15   Male	0:23:37
8	Davin	Butler	5K   13 - 15   Male	0:23:44
9	Bree	Tenges	5K   16 - 19   Female	0:24:20
10	Susan	Coon	5K   40 - 49   Female	0:24:30
11	Tyler	Hansen	5K   30 - 39   Male	0:25:13
12	Stacy	Long	5K   50 - 59   Female	0:25:20
13	Rob	Short	5K   50 - 59   Male	0:25:48
14	Andrew	Ramsey	5K   20 - 29   Male	0:26:30
15	Brittany	Hansen	5K   30 - 39   Female	0:26:37
16	Rylee	Tenges	5K   12 & Under   Female	0:26:38
17	Boston	Eichmeier	5K   12 & Under   Male	0:26:43
18	Cody	Galbraith	5K   20 - 29   Male	0:26:47
19	Breanne	Kruger	5K   30 - 39   Female	0:26:50
20	Aaron	Mcnew	5K   30 - 39   Male	0:26:54
21	Craig	Logemann	5K   50 - 59   Male	0:26:56
22	Jaxson	Brock	5K   12 & Under   Male	0:27:10
23	Mackinze	Blankenship	5K   13 - 15   Female	0:27:15
24	Danyel	Reiter	5K   30 - 39   Male	0:27:22
25	Megan	Barber	5K   40 - 49   Female	0:27:30
26	Aurelia	Roudabush	5K   13 - 15   Female	0:27:36
27	Travis	Fincham	5K   20 - 29   Male	0:27:39
28	John	Holdefer	5K   30 - 39   Male	0:27:54
29	Roman	Keahna-Harris	5K   16 - 19   Male	0:28:06

30	Sally	Bennett	5K   40 - 49   Female	0:28:42
31	Shauna	Fazio	5K   30 - 39   Female	0:28:44
32	Jack	Schuler	5K   30 - 39   Male	0:29:12
33	HEATHER	HEIDT	5K   40 - 49   Female	0:29:25
34	Chuck	Long	5K   50 - 59   Male	0:29:47
35	Stacey	Essary	5K   40 - 49   Female	0:29:53
36	Adam	Draayer	5K   30 - 39   Male	0:29:55
37	Matt	Hayton	5K   30 - 39   Male	0:30:17
38	Christian	Lopez	5K   20 - 29   Male	0:30:23
39	Peter	Brock	5K   40 - 49   Male	0:30:27
40	Cash	Brock	5K   12 & Under   Male	0:30:29
41	Jenna	Cline	5K   30 - 39   Female	0:31:26
42	Carson	Wiley	5K   13 - 15   Male	0:31:29
43	Michael	Wiley	5K   30 - 39   Male	0:31:31
44	Sheila	Finnell-Tomlinson	5K   30 - 39   Female	0:31:47
45	Mary	Finnell-Tomlinson	5K   30 - 39   Female	0:31:47
46	Kristi	Brock	5K   30 - 39   Female	0:31:57
47	Dawn	Atwood	5K   40 - 49   Female	0:32:01
48	Josh	Barber	5K   40 - 49   Male	0:32:11
49	Terry	Swaim	5K   40 - 49   Female	0:32:14
50	Forrest	Parsons	5K   30 - 39   Male	0:32:21
51	Lisa	Selvadurai	5K   30 - 39   Female	0:32:25
52	Regan	Oabley	5K   30 - 39   Male	0:32:40
53	Stephanie	Greene	5K   40 - 49   Female	0:32:49
54	Judy	Broyles	5K   50 - 59   Female	0:32:55
55	Shannon	Draayer	5K   30 - 39   Female	0:33:11
56	Matt	Garcia	5K   40 - 49   Male	0:33:14
57	Dena	Miller	5K   40 - 49   Female	0:33:17
58	Larry	Pratt	5K   50 - 59   Male	0:33:22
59	Scott	Eichmeier	5K   40 - 49   Male	0:33:33
60	Rykel	Blunt	5K   40 - 49   Female	0:34:02
61	Brooke	Taylor	5K   20 - 29   Female	0:35:16

62	John	Haluska	5K   60 & Over   Male	0:35:18
63	Cayla	Nord	5K   30 - 39   Female	0:36:04
64	Wendy	Gray	5K   50 - 59   Female	0:36:57
65	Montana	Smith	5K   20 - 29   Female	0:37:04
66	Amanda	Eichmeier	5K   30 - 39   Female	0:37:16
67	Daleen	Brown	5K   40 - 49   Female	0:37:54
68	Lane	Robinson	5K   13 - 15   Male	0:37:54
69	Jackie	Black	5K   60 & Over   Female	0:38:02
70	Tiffany	Tran	5K   30 - 39   Female	0:38:19
71	Colt	Kruse	5K   30 - 39   Male	0:38:43
72	Malisa	Hendricks	5K   20 - 29   Female	0:39:19
73	Preston	Eichmeier	5K   12 & Under   Male	0:39:47
74	Jessica	Butler	5K   40 - 49   Female	0:39:54
75	Alexandria	Keahna-Harris	5K   16 - 19   Female	0:40:22
76	Liliya	HOEVERTSZ	5K   40 - 49   Female	0:40:40
77	James	HOEVERTSZ	5K   50 - 59   Male	0:40:41
78	Patrick	O'Connell	5K   30 - 39   Male	0:41:50
79	Patty	Duinink	5K   60 & Over   Female	0:42:57
80	Lisa	Ryan	5K   50 - 59   Female	0:44:22
81	Misty	Smith	5K   30 - 39   Female	0:44:24
82	Grace	Swanson	5K   60 & Over   Female	0:45:00
83	Jonathan	Hendricks	5K   20 - 29   Male	0:45:02
84	Shonda	Hay	5K   40 - 49   Female	0:45:41
85	Eve	Lawson	5K   50 - 59   Female	0:46:20
86	Matt	Tuttle	5K   30 - 39   Male	0:47:07
87	Janet	Tuttle	5K   60 & Over   Female	0:47:10
88	Joy	Martin	5K   60 & Over   Female	0:47:26
89	Chloe	Jones	5K   20 - 29   Female	0:48:05
90	Roger	Cox	5K   60 & Over   Male	0:48:36
91	Connie	Cox	5K   60 & Over   Female	0:48:39
92	Barb	Baker	5K   60 & Over   Female	0:49:33
93	Beverly	Shivers	5K   60 & Over   Female	0:49:37

94	Allison	Bruns	5K   30 - 39   Female	0:49:41
95	Jamie	Bachman	5K   50 - 59   Female	0:49:44
96	linda	mccullum	5K   50 - 59   Female	0:49:47
97	Axl	Brock	5K   12 & Under   Male	0:49:48
98	Roni	Schuling	5K   50 - 59   Female	0:49:54
99	Richard	Harris	5K   50 - 59   Male	0:52:52
100	Laura	Larkin	5K   50 - 59   Female	0:54:00
101	Jennifer	Keahna	5K   50 - 59   Female	0:56:01
102	Melissa	Gagne	5K   40 - 49   Female	0:56:04
103	Kimberly	McCallister	5K   30 - 39   Female	0:56:13
104	Allen	McCallister	5K   60 & Over   Male	0:56:15
105	Amy	Garcia	5K   40 - 49   Female	0:56:18
106	Jan	Johnson	5K   60 & Over   Female	0:58:36
107	Vicki	Smith	5K   60 & Over   Female	0:58:36
108	Diane	McCool	5K   50 - 59   Female	0:58:44
109	Megan	Tooker	5K   40 - 49   Female	0:58:47
110	Shellee	Sesker	5K   60 & Over   Female	1:00:35
111	Randi	Kleinendorst	5K   30 - 39   Female	1:00:39
112	Kevin	VandeWall	5K   60 & Over   Male	1:03:35
113	Lori	VandeWall	5K   60 & Over   Female	1:03:38
	Elizabeth	Jones	1K   12 & Under   Coed	N/A
	Brody	Parsons	1K   12 & Under   Coed	N/A
	Noah	Black	1K   12 & Under   Coed	N/A
	Finley	Cline	1K   12 & Under   Coed	N/A
	Jack	Dietz	1K   12 & Under   Coed	N/A
	Parker	King	1K   12 & Under   Coed	N/A
	Chas	King	1K   12 & Under   Coed	N/A
	A.J.	Miller	1K   12 & Under   Coed	N/A
	Eli	Ostrem	1K   12 & Under   Coed	N/A
	Raelynn	Parsons	1K   12 & Under   Coed	N/A

	Jace	Patten	1K   12 & Under   Coed	N/A
	Bentley	Tenges	1K   12 & Under   Coed	N/A
	Liam	Wiley	1K   12 & Under   Coed	N/A
	Bailey	Meyer	1K   12 & Under   Coed	N/A
	Brynn	Gossard	1K   12 & Under   Coed	N/A
	Grady	Gibson	1K   12 & Under   Coed	N/A
	Clark	Bennett	1K   12 & Under   Coed	N/A
	Isaiah	Ostrem	1K   12 & Under   Coed	N/A
	Graham	Bruns	1K   12 & Under   Coed	N/A
	Andre	Hoff	1K   12 & Under   Coed	N/A
	Harper	Parsons	1K   12 & Under   Coed	N/A
	Jordan	Hoff	1K   12 & Under   Coed	N/A
	Leo	Tarvin	1K   12 & Under   Coed	N/A
	Ember	Tarvin	1K   12 & Under   Coed	N/A
	Max	Throop	1K   12 & Under   Coed	N/A

### 2021 Live Healthy Iowa 5K - Bonduant Age Group Results

Place	First Name	Last Name	Sub Event	Finishing Time
1	Rylee	Tenges	5K   12 & Under   Female	0:26:38
1	Boston	Eichmeier	5K   12 & Under   Male	0:26:43
2	Jaxson	Brock	5K   12 & Under   Male	0:27:10
3	Cash	Brock	5K   12 & Under   Male	0:30:29
4	Preston	Eichmeier	5K   12 & Under   Male	0:39:47
5	Axl	Brock	5K   12 & Under   Male	0:49:48
1	Mackinze	Blankenship	5K   13 - 15   Female	0:27:15
2	Aurelia	Roudabush	5K   13 - 15   Female	0:27:36
1	Jase	Robinson	5K   13 - 15   Male	0:23:37
2	Davin	Butler	5K   13 - 15   Male	0:23:44
3	Carson	Wiley	5K   13 - 15   Male	0:31:29
4	Lane	Robinson	5K   13 - 15   Male	0:37:54

1	Bree	Tenges	5K   16 - 19   Female	0:24:20
2	Alexandria	Keahna-Harris	5K   16 - 19   Female	0:40:22
1	Roman	Keahna-Harris	5K   16 - 19   Male	0:28:06
1	Brooke	Taylor	5K   20 - 29   Female	0:35:16
2	Montana	Smith	5K   20 - 29   Female	0:37:04
3	Malisa	Hendricks	5K   20 - 29   Female	0:39:19
4	Chloe	Jones	5K   20 - 29   Female	0:48:05
1	Benjamin	Black	5K   20 - 29   Male	0:18:45
2	Andrew	Ramsey	5K   20 - 29   Male	0:26:30
3	Cody	Galbraith	5K   20 - 29   Male	0:26:47
4	Travis	Fincham	5K   20 - 29   Male	0:27:39
5	Christian	Lopez	5K   20 - 29   Male	0:30:23
6	Jonathan	Hendricks	5K   20 - 29   Male	0:45:02
1	Brittany	Hansen	5K   30 - 39   Female	0:26:37
2	Breanne	Kruger	5K   30 - 39   Female	0:26:50
3	Shauna	Fazio	5K   30 - 39   Female	0:28:44
4	Jenna	Cline	5K   30 - 39   Female	0:31:26
5	Sheila	Finnell-Tomlinson	5K   30 - 39   Female	0:31:47
6	Mary	Finnell-Tomlinson	5K   30 - 39   Female	0:31:47
7	Kristi	Brock	5K   30 - 39   Female	0:31:57
8	Lisa	Selvadurai	5K   30 - 39   Female	0:32:25
9	Shannon	Draayer	5K   30 - 39   Female	0:33:11
10	Cayla	Nord	5K   30 - 39   Female	0:36:04
11	Amanda	Eichmeier	5K   30 - 39   Female	0:37:16
12	Tiffany	Tran	5K   30 - 39   Female	0:38:19
13	Misty	Smith	5K   30 - 39   Female	0:44:24
14	Allison	Bruns	5K   30 - 39   Female	0:49:41
15	Kimberly	McCallister	5K   30 - 39   Female	0:56:13
16	Randi	Kleinendorst	5K   30 - 39   Female	1:00:39
1	Morgan	Morgan	5K   30 - 39   Male	0:21:52
2	Cory	Black	5K   30 - 39   Male	0:23:04

3	Tyler	Hansen	5K   30 - 39   Male	0:25:13
4	Aaron	Mcnew	5K   30 - 39   Male	0:26:54
5	Danyel	Reiter	5K   30 - 39   Male	0:27:22
6	John	Holdefer	5K   30 - 39   Male	0:27:54
7	Jack	Schuler	5K   30 - 39   Male	0:29:12
8	Adam	Draayer	5K   30 - 39   Male	0:29:55
9	Matt	Hayton	5K   30 - 39   Male	0:30:17
10	Michael	Wiley	5K   30 - 39   Male	0:31:31
11	Forrest	Parsons	5K   30 - 39   Male	0:32:21
12	Regan	Oabley	5K   30 - 39   Male	0:32:40
13	Colt	Kruse	5K   30 - 39   Male	0:38:43
14	Patrick	O'Connell	5K   30 - 39   Male	0:41:50
15	Matt	Tuttle	5K   30 - 39   Male	0:47:07
1	Susan	Coon	5K   40 - 49   Female	0:24:30
2	Megan	Barber	5K   40 - 49   Female	0:27:30
3	Sally	Bennett	5K   40 - 49   Female	0:28:42
4	HEATHER	HEIDT	5K   40 - 49   Female	0:29:25
5	Stacey	Essary	5K   40 - 49   Female	0:29:53
6	Dawn	Atwood	5K   40 - 49   Female	0:32:01
7	Terry	Swaim	5K   40 - 49   Female	0:32:14
8	Stephanie	Greene	5K   40 - 49   Female	0:32:49
9	Dena	Miller	5K   40 - 49   Female	0:33:17
10	Rykel	Blunt	5K   40 - 49   Female	0:34:02
11	Daleen	Brown	5K   40 - 49   Female	0:37:54
12	Jessica	Butler	5K   40 - 49   Female	0:39:54
13	Liliya	HOEVERTSZ	5K   40 - 49   Female	0:40:40
14	Shonda	Hay	5K   40 - 49   Female	0:45:41
15	Melissa	Gagne	5K   40 - 49   Female	0:56:04
16	Amy	Garcia	5K   40 - 49   Female	0:56:18
17	Megan	Tooker	5K   40 - 49   Female	0:58:47
1	Matt	Millard	5K   40 - 49   Male	0:22:40

2	Peter	Brock	5K   40 - 49   Male	0:30:27
3	Josh	Barber	5K   40 - 49   Male	0:32:11
4	Matt	Garcia	5K   40 - 49   Male	0:33:14
5	Scott	Eichmeier	5K   40 - 49   Male	0:33:33
1	Stacy	Long	5K   50 - 59   Female	0:25:20
2	Judy	Broyles	5K   50 - 59   Female	0:32:55
3	Wendy	Gray	5K   50 - 59   Female	0:36:57
4	Lisa	Ryan	5K   50 - 59   Female	0:44:22
5	Eve	Lawson	5K   50 - 59   Female	0:46:20
6	Jamie	Bachman	5K   50 - 59   Female	0:49:44
7	linda	mccullum	5K   50 - 59   Female	0:49:47
8	Roni	Schuling	5K   50 - 59   Female	0:49:54
9	Laura	Larkin	5K   50 - 59   Female	0:54:00
10	Jennifer	Keahna	5K   50 - 59   Female	0:56:01
11	Diane	McCool	5K   50 - 59   Female	0:58:44
1	Mark	Davis	5K   50 - 59   Male	0:23:13
2	Rob	Short	5K   50 - 59   Male	0:25:48
3	Craig	Logemann	5K   50 - 59   Male	0:26:56
4	Chuck	Long	5K   50 - 59   Male	0:29:47
5	Larry	Pratt	5K   50 - 59   Male	0:33:22
6	James	HOEVERTSZ	5K   50 - 59   Male	0:40:41
7	Richard	Harris	5K   50 - 59   Male	0:52:52
1	Jackie	Black	5K   60 & Over   Female	0:38:02
2	Patty	Duinink	5K   60 & Over   Female	0:42:57
3	Grace	Swanson	5K   60 & Over   Female	0:45:00
4	Janet	Tuttle	5K   60 & Over   Female	0:47:10
5	Joy	Martin	5K   60 & Over   Female	0:47:26
6	Connie	Cox	5K   60 & Over   Female	0:48:39
7	Barb	Baker	5K   60 & Over   Female	0:49:33
8	Beverly	Shivers	5K   60 & Over   Female	0:49:37
9	Jan	Johnson	5K   60 & Over   Female	0:58:36



10	Vicki	Smith	5K   60 & Over   Female	0:58:36
11	Shellee	Sesker	5K   60 & Over   Female	1:00:35
12	Lori	VandeWall	5K   60 & Over   Female	1:03:38
1	Casey	Showalter	5K   60 & Over   Male	0:23:28
2	John	Haluska	5K   60 & Over   Male	0:35:18
3	Roger	Cox	5K   60 & Over   Male	0:48:36
4	Allen	McCallister	5K   60 & Over   Male	0:56:15
5	Kevin	VandeWall	5K   60 & Over   Male	1:03:35