

## 2022 Live Healthy Iowa 5K - Bondurant Results

Place	First Name	Last Name	City	Sub Event	Finishing Time
1	Benjamin	Black	ANKENY	5K   20 - 29   Male	18:00.0
2	Evan	Huseman	Des Moines	5K   30 - 39   Male	18:20.0
3	Keisha	Hoeksema	Bondurant	5K   30 - 39   Female	19:54.0
4	Clark	Bennett	Bondurant	5K   12 & Under   Male	22:23.0
5	Jase	Robinson	Bondurant	5K   13 - 15   Male	22:37.0
6	Davin	Butler	MINGO	5K   13 - 15   Male	23:49.0
7	Boston	Eichmeier	Bondurant	5K   12 & Under   Male	23:58.0
8	Casey	Showalter	Altoona	5K   60 & Over   Male	24:39.0
9	Mason	Ricks	Prairie City	5K   12 & Under   Male	24:46.0
10	Joe	McGovern	bondurant	5K   50 - 59   Male	24:51.0
11	Nile	Bennett	Bennett	5K   12 & Under   Male	26:17.0
12	Jaxson	Brock	Bondurant	5K   12 & Under   Male	26:32.0
13	Laura	Francois	Johnston	5K   20 - 29   Female	26:34.0
14	Lane	Robinson	Bondurant	5K   13 - 15   Male	26:35.0
15	Shauna	Fazio	Bondurant	5K   30 - 39   Female	26:42.0
16	Chloe	Gonzalez	Bondurant	5K   13 - 15   Female	26:42.0
17	Katie	Gonzalez	Bondurant	5K   30 - 39   Female	26:42.0
18	Andy	Ray	Bondurant	5K   40 - 49   Male	26:58.0
19	Abbi	Hovey	Bondurant	5K   20 - 29   Female	27:04.0
20	Hans	Hoeksema	Bondurant	5K   30 - 39   Male	28:02.0
21	Mack	Van Zante	Altoona	5K   30 - 39   Female	28:45.0
22	Carla	Schimelfenig	Nevada	5K   60 & Over   Female	29:32.0
23	Preston	Eichmeier	Bondurant	5K   13 - 15   Male	30:04.0
24	Amy	Robinson	Bondurant	5K   40 - 49   Female	30:32.0
25	Lisa	Selvadurai	Ankeny	5K   30 - 39   Female	30:45.0
26	Kara	Lindsey	Pleasant Hill	5K   40 - 49   Female	31:11.0
27	Frank	Huseman	Manson	5K   60 & Over   Male	31:14.0
28	Chuck	Long	Ames	5K   50 - 59   Male	31:37.0
29	Lacie	Calvin	Bondurant	5K   30 - 39   Female	32:37.0
30	Kristin	ray	Bondurant	5K   40 - 49   Female	33:12.0
31	Kris	McNutt	Ankeny	5K   40 - 49   Female	33:25.0
32	Laura	Dowdy	Prairie City	5K   30 - 39   Female	34:02.0
33	Erin	Ingle	Prairie City	5K   30 - 39   Female	34:02.0
34	Amanda	Eichmeier	Bondurant	5K   40 - 49   Female	34:13.0
35	Randi	Kleinendorst	Bondurant	5K   40 - 49   Female	34:04.0
36	Sherrri	Reimer	Perry	5K   60 & Over   Female	34:04.0
37	Shellee	Sesker	Bondurant	5K   60 & Over   Female	34:04.0
38	Bonnie	Johnson	Red Oak	5K   50 - 59   Female	35:47.0
39	Cyndi	O'Rourke	Bondurant	5K   30 - 39   Female	35:49.0
40	Dylan	Johnson	Bondurant	5K   12 & Under   Male	35:52.0
41	Lane	Johnson	Bondurant	5K   12 & Under   Male	36:14.0
42	Sanna	Sayavong	Des Moines	5K   20 - 29   Female	36:22.0
43	Nicole	Johnson	Bondurant	5K   40 - 49   Female	36:26.0
44	Tiffany	Tran	Bondurant	5K   40 - 49   Female	37:01.0
45	Patrick	Martin	Clive	5K   30 - 39   Male	37:27.0
46	Rachel	Van Zante	Altoona	5K   20 - 29   Female	37:41.0
47	Joy	Martin	Mitchellville	5K   60 & Over   Female	38:43.0
48	Brenda	Huseman	Manson	5K   50 - 59   Female	38:52.0
49	Trisha	Herr	Mingo	5K   40 - 49   Female	39:31.0
50	Erica	Ziegeweid	Bondurant	5K   30 - 39   Female	39:54.0
51	Kinsey	Crispin	Ames	5K   20 - 29   Female	40:13.0
52	Nannette	George	Runnells	5K   60 & Over   Female	41:05.0
53	Drew	Alleman	Ankeny	5K   12 & Under   Male	41:59.0
54	JESSICA	BUTLER	MINGO	5K   40 - 49   Female	43:17.0
55	Erica	Ricks	Prairie City	5K   30 - 39   Female	43:19.0
56	Laura	Eggers	Nevada	5K   30 - 39   Female	43:54.0
57	Karen	Edgington	Nevada	5K   30 - 39   Female	43:56.0
58	amber	miller	Bondurant	5K   40 - 49   Female	43:59.0
59	Stephanie	Griffin	Ankeny	5K   40 - 49   Female	44:46.0
60	Nichole	Mosher	Bondurant	5K   30 - 39   Female	46:02.0
61	Tracy	Pieters	Marshalltown	5K   50 - 59   Female	47:18.0
62	Jason	Attenberg	Marshalltown	5K   50 - 59   Male	47:22.0
63	Jill	Black	Bondurant	5K   30 - 39   Female	47:47.0
64	Cory	Black	Bondurant	5K   30 - 39   Male	47:58.0
65	Victoria	Van Waardhuizen	KNOXVILLE	5K   40 - 49   Female	49:12.0
66	james	van waardhuizen	Knoxville	5K   40 - 49   Male	49:14.0
67	Vicki	Alleman	ANKENY	5K   50 - 59   Female	50:52.0
68	Amanda	Barth	Des Moines	5K   40 - 49   Female	50:52.0
69	Anthony	Mosher	Bondurant	5K   30 - 39   Male	52:04.0
70	Renee	Croat	Indianola	5K   20 - 29   Female	54:49.0
71	Grace	Swanson	Ames	5K   60 & Over   Female	54:49.0
72	Pam	Jordan	Ankeny	5K   40 - 49   Female	55:00.0
73	Beth	Hart	Maxwell	5K   50 - 59   Female	56:00.0
74	Danielle	Gilbert	Bondurant	5K   30 - 39   Female	56:09.0
75	Sheri	Ober	Indianola	5K   50 - 59   Female	56:09.0
76	Teresa	Stittsworth	Knoxville	5K   50 - 59   Female	1:00:45
77	J	Good	Altoona	5K   50 - 59   Female	1:00:48
78	B	Good	Altoona	5K   50 - 59   Male	1:00:48
79	Alena	Soto-Derry	Des Moines	5K   50 - 59   Female	2:01:00



### Bondurant Age Group Results

Place	First Name	Last Name	City	Sub Event	Finishing Time
1	Clark	Bennett	Bondurant	5K   12 & Under   Male	22:23.0
2	Boston	Eichmeier	Bondurant	5K   12 & Under   Male	23:58.0
3	Mason	Ricks	Prairie City	5K   12 & Under   Male	24:46.0
4	Nile	Bennett	Bennett	5K   12 & Under   Male	26:17.0
5	Jaxson	Brock	Bondurant	5K   12 & Under   Male	26:32.0
6	Dylan	Johnson	Bondurant	5K   12 & Under   Male	35:52.0
7	Lane	Johnson	Bondurant	5K   12 & Under   Male	36:14.0
8	Drew	Alleman	Ankeny	5K   12 & Under   Male	41:59.0
1	Chloe	Gonzalez	Bondurant	5K   13 - 15   Female	26:42.0
1	Jase	Robinson	Bondurant	5K   13 - 15   Male	22:37.0
2	Davin	Butler	MINGO	5K   13 - 15   Male	23:49.0
3	Lane	Robinson	Bondurant	5K   13 - 15   Male	26:35.0
4	Preston	Eichmeier	Bondurant	5K   13 - 15   Male	30:04.0
1	Laura	Francois	Johnston	5K   20 - 29   Female	26:34.0
2	Abbi	Hovey	Bondurant	5K   20 - 29   Female	27:04.0
3	Sanna	Sayavong	Des Moines	5K   20 - 29   Female	36:22.0
4	Rachel	Van Zante	Altoona	5K   20 - 29   Female	37:41.0
5	Kinsey	Crispin	Ames	5K   20 - 29   Female	40:13.0
6	Renee	Croat	Indianola	5K   20 - 29   Female	54:49.0
1	Benjamin	Black	ANKENY	5K   20 - 29   Male	18:00.0
1	Keisha	Hoeksema	Bondurant	5K   30 - 39   Female	19:54.0
2	Shauna	Fazio	Bondurant	5K   30 - 39   Female	26:42.0
2	Katie	Gonzalez	Bondurant	5K   30 - 39   Female	26:42.0
4	Mack	Van Zante	Altoona	5K   30 - 39   Female	28:45.0
5	Lisa	Selvadurai	Ankeny	5K   30 - 39   Female	30:45.0
6	Lacie	Calvin	Bondurant	5K   30 - 39   Female	32:37.0
7	Laura	Dowdy	Prairie City	5K   30 - 39   Female	34:02.0
7	Erin	Ingle	Prairie City	5K   30 - 39   Female	34:02.0
9	Cyndi	O'Rourke	Bondurant	5K   30 - 39   Female	35:49.0
10	Erica	Ziegeweid	Bondurant	5K   30 - 39   Female	39:54.0
11	Erica	Ricks	Prairie City	5K   30 - 39   Female	43:19.0
12	Laura	Eggers	Nevada	5K   30 - 39   Female	43:54.0
13	Karen	Edgington	Nevada	5K   30 - 39   Female	43:56.0
14	Nichole	Mosher	Bondurant	5K   30 - 39   Female	46:02.0
15	Jill	Black	Bondurant	5K   30 - 39   Female	47:47.0
16	Danielle	Gilbert	Bondurant	5K   30 - 39   Female	56:09.0
1	Evan	Huseman	Des Moines	5K   30 - 39   Male	18:20.0
2	Hans	Hoeksema	Bondurant	5K   30 - 39   Male	28:02.0
3	Patrick	Martin	Clive	5K   30 - 39   Male	37:27.0
4	Cory	Black	Bondurant	5K   30 - 39   Male	47:58.0
5	Anthony	Mosher	Bondurant	5K   30 - 39   Male	52:04.0

Place	First Name	Last Name	City	Sub Event	Finishing Time
1	Amy	Robinson	Bondurant	5K   40 - 49   Female	30:32.0
2	Kara	Lindsey	Pleasant Hill	5K   40 - 49   Female	31:11.0
3	Kristin	ray	Bondurant	5K   40 - 49   Female	33:12.0
4	Kris	McNutt	Ankeny	5K   40 - 49   Female	33:25.0
5	Amanda	Eichmeier	Bondurant	5K   40 - 49   Female	34:13.0
6	Randi	Kleinendorst	Bondurant	5K   40 - 49   Female	34:04.0
7	Nicole	Johnson	Bondurant	5K   40 - 49   Female	36:26.0
8	Tiffany	Tran	Bondurant	5K   40 - 49   Female	37:01.0
9	Trisha	Herr	Mingo	5K   40 - 49   Female	39:31.0
10	JESSICA	BUTLER	MINGO	5K   40 - 49   Female	43:17.0
11	amber	miller	Bondurant	5K   40 - 49   Female	43:59.0
12	Stephanie	Griffin	Ankeny	5K   40 - 49   Female	44:46.0
13	Victoria	Van Waardhuizen	KNOXVILLE	5K   40 - 49   Female	49:12.0
14	Amanda	Barth	Des Moines	5K   40 - 49   Female	50:52.0
15	Pam	Jordan	Ankeny	5K   40 - 49   Female	55:00.0
1	Andy	Ray	Bondurant	5K   40 - 49   Male	26:58.0
2	james	van waardhuizen	Knoxville	5K   40 - 49   Male	49:14.0
1	Bonnie	Johnson	Red Oak	5K   50 - 59   Female	35:47.0
2	Brenda	Huseman	Manson	5K   50 - 59   Female	38:52.0
3	Tracy	Pieters	Marshalltown	5K   50 - 59   Female	47:18.0
4	Vicki	Alleman	ANKENY	5K   50 - 59   Female	50:52.0
5	Beth	Hart	Maxwell	5K   50 - 59   Female	56:00.0
6	Sheri	Ober	Indianola	5K   50 - 59   Female	56:09.0
7	Teresa	Stittsworth	Knoxville	5K   50 - 59   Female	1:00:45
8	J	Good	Altoona	5K   50 - 59   Female	1:00:48
9	Alena	Soto-Derry	Des Moines	5K   50 - 59   Female	2:01:00
1	Joe	McGovern	bondurant	5K   50 - 59   Male	24:51.0
2	Chuck	Long	Ames	5K   50 - 59   Male	31:37.0
3	Jason	Attenberg	Marshalltown	5K   50 - 59   Male	47:22.0
4	B	Good	Altoona	5K   50 - 59   Male	1:00:48
1	Carla	Schimelfenig	Nevada	5K   60 & Over   Female	29:32.0
2	Sherri	Reimer	Perry	5K   60 & Over   Female	34:04.0
2	Shellee	Sesker	Bondurant	5K   60 & Over   Female	34:04.0
4	Joy	Martin	Mitchellville	5K   60 & Over   Female	38:43.0
5	Nannette	George	Runnells	5K   60 & Over   Female	41:05.0
6	Grace	Swanson	Ames	5K   60 & Over   Female	54:49.0
1	Casey	Showalter	Altoona	5K   60 & Over   Male	24:39.0
2	Frank	Huseman	Manson	5K   60 & Over   Male	31:14.0

