

2023 Live Healthy Iowa 5K Results - Fort Dodge

Place	First Name	Last Name	City	Age Group	Finishing Time
1	Nicholas	Ray	Webster City	Male 30 - 39	23:52.0
2	Mason	Bockoven	Fort Dodge	Male 19 - 29	23:48.0
3	Carter	Reed	Humboldt	Male 18 & Under	26:19.0
4	Ava	Rehm	Fort Dodge	Female 19 - 29	26:49.0
5	Andy	Reed	Humboldt	Male 40 - 49	27:15.0
6	John	Justice	Fort Dodge	Male 60 & up	27:39.0
7	Liz	Flattery	Fort Dodge	Female 30 - 39	27:39.0
8	Adam	Pesina	Fort Dodge	Male 19 - 29	28:22.0
9	Monica	Reinken	Ames	Female 30 - 39	29:39.0
10	Phillip	Nelson	Manson	Male 50 - 59	30:13.0
11	Darren	Krug	Ames	Male 40 - 49	31:13.0
12	Heather	Dann	Clinton	Female 40 - 49	32:16.0
13	Mark	Campbell	Otho	Male 50 - 59	32:26.0
14	Melody	Haman	Webster City	Female 19 - 29	34:30.0
15	Brett	Faulkner	Dayton	Male 50 - 59	37:31.0
16	Jennifer	Brown	Fort Dodge	Female 50 - 59	40:00.0
17	Hannah	Campbell	Fort Dodge	Female 19 - 29	40:00.0
18	Connie	Johnson	Fort Dodge	Female 50 - 59	41:29.0
19	Carol	Breaser	Fort Dodge	Female 60 & Up	42:38.0
20	Shelley	Heikens	Webster City	Female 50 - 59	45:34.0
21	Mikaela	Heikens	Webster City	Female 19 - 29	45:34.0
22	Janet	Secor	Fort Dodge	Female 60 & Up	47:21.0
23	Amy	Caven	Amboy	Female 40 - 49	47:33.0
24	Rhonda	Jones	Fort Dodge	Female 60 & Up	48:26.0
25	Keegan	Jones	Fort Dodge	Male 19 - 29	48:26.0
26	Emma	Miller	Goldfield	Female 18 & Under	48:32.0
27	Tasha	Nielsen	Lehigh	Female 30 - 39	49:12.0
28	Theresa	Collier	Humboldt	Female 50 - 59	49:12.0
29	Sybil	Riblet	Rockwell City	Female 60 & Up	49:38.0
30	Maddie	Lind	Fort Dodge	Female 30 - 39	50:42.0
31	Colleen	Miller	Goldfield	Female 40 - 49	51:44.0
32	Lauren	Caven	Fort Dodge	Female 19 - 29	53:44.0
33	Emilee	Anderson	Mankato	Female 19 - 29	53:44.0
34	Joy	Thoma	Clare	Female 50 - 59	53:55.0
35	Jamie	Saxton	Callender	Female 40 - 49	53:55.0
36	Mindy	Kuker	Fort Dodge	Female 30 - 39	57:03.0
37	Ryan	Kuker	Fort Dodge	Male 40 - 49	57:03.0
38	Melissa	Nanninga	Fort Dodge	Female 50 - 59	1:02:30
39	Katie	Royster	Fort Dodge	Female 30 - 39	1:02:30
40	Matt	Royster	Fort Dodge	Male 30 - 39	1:02:30
41	Susan	Doyle	Fort Dodge	Female 50 - 59	1:02:30
42	Maci	Knutson	Fort Dodge	Female 19 - 29	1:04:42
43	Jeri	Knutson	Fort Dodge	Female 50 - 59	1:04:42
44	Timmi	Dencklau	Fort Dodge	Female 19 - 29	1:04:42
45	Jessica	Kruckenber	Fort Dodge	Female 30 - 39	1:07:42
46	Stephanie	Zimple	Fort Dodge	Female 40 - 49	1:08:28
47	Sandy	Crone	Garner	Female 50 - 59	1:08:28
48	Sarah	Gross	Fort Dodge	Female 19 - 29	1:09:23