

# Live Healthy Iowa 5K – Virtual

Saturday, April 15, 2023

[CLICK HERE TO REGISTER](#)

## Important Information:

Race from anywhere you would like!

Registration available through April 10

After April 10, your t-shirt and finisher medal will be shipped to you.

Once you finish, you will submit your results via the link that will be emailed to you.

## Event Details:

5K Run/Walk

Early registration (January 9 - March 27) - \$25

Late registration\* (through April 10) - ONLINE ONLY - \$30

\*T-shirts are not guaranteed with late registration

\*\*Adult 10 Week Wellness Challenge participants receive \$10 off registration

There is a \$5 shipping charge for virtual participants

1K Kid's Run (12 and younger)

Early registration (January 9 - March 27) - \$5

Late registration\* (Through April 10) - \$5 - ONLINE ONLY

\*T-shirts are not guaranteed with late registration

**For Local race information, please contact:**

info@livehealthyiowa.org